Comfortably Digital

Aching shoulders after working on a computer all day?

Stiff neck after using your tablet device?

Eyes blurry and sore after staring at a screen too long?
Then you can't sleep at night?

Mouse pointer and text too small?

Spend an hour finding out how to make the 21st century digital world more comfortable - all ages and abilities welcome! Recommended if you're learning about using digital as an individual or working in a business.

£3 / Donation

Thursday 30th June

11-12 am / 7-8 pm

Deptford Lounge, Giffin square, SE8 4RJ



www.soulchip.co.uk